

# "HALLOWEEN AS USUAL?" IS NEW QUESTION IN THE AIR—OCTOBER MODES AND COOKERY

## SOLEMN GIRL-FACES HALLOWEEN WON'T BLAZE THE WAY TO BERLIN

Readers Ask if October 31 Festivities Must Be Forgone on Account of War—Is Told That Tears Cannot Take Trenches, but Grit Can

**HALLOWEEN AS USUAL?**  
Has any one put this question to you? Two very interesting young persons in the throes of whether to have a party or not to have a thirty-first of October party, have written asking that this all-important question be answered on the Woman's Page.

"Lots of the boys we know," the letter reads, "are off in camp. Some of them are over in France. The husband of one of the girls is over there, and so are two men who are engaged to girls who are to help give the party. It doesn't seem quite right for us to be over here planning Halloween gaiety when the boys might at the very moment be in danger of losing their lives. What do you think about it?"

There are so many things to be thought about a situation like this and only two or three great big things to be known. Here they are: All the American gloom in the world can never take the whizz out of a German bullet; a line of solemn girl faces from here to San Francisco cannot blaze the trail to Berlin. Tears have never been known to take trenches, although I have heard it said that grit has turned the trick.

It's safer to go by things that are known.  
When the sun goes down in France and our boys are out alone under the frosty stars there will be wounds to be healed—but not the kind the Red Cross nurse can bind up with gauze. These have a way of easing up when the postman comes around. And what the postman brings must be the stuff that cheers are made of.

Vyvettes



This hat looks real wintry with its bands of white fur.

I have read letters from young patriots in France to their wives in America. The uppermost theme in them has been, "Have a good time; try to be happy and stop fretting."

WHAT good will it do America and the men who are fighting to keep her American to drape the world in crepe on Halloween?

The world is dark enough for some of us. Hang out the bright yellow lanterns on the thirty-first of October and let them blink as much happiness into the black as they can. Set the witch astride a broom. Let her ride through the tears and the doubts. Put on your brightest bonnet and ride with her. For one night at least forswear the bridges that may never have to be crossed!

## THE WOMAN'S EXCHANGE

Letters and questions submitted to this department must be written on one side of the paper only and signed with the name of the writer. Special queries like those given below are invited. All communications for this department should be addressed as follows: THE WOMAN'S EXCHANGE, Evening Ledger, Philadelphia, Pa.

### TODAY'S INQUIRIES

1. Of what is oleomargarine composed?
2. What are cracklings?
3. What saves hundreds of steps in getting the washing to the clothes line?

### ANSWERS TO SATURDAY'S INQUIRIES

1. A very attractive up-to-the-minute screen can be fashioned from an old one by tacking rose or cream colored burlap on the frame and decorating the new covering with flowers cut out of flowered cretonne. Four and water paste will fasten the cretonne securely.
2. Dainty curtains for a bedroom can be easily made of flat net embroidered with a cross-stitch border of pink, blue and green baby ribbon. A darning needle is the sewing tool used.
3. With cold weather on the way, furnace cooking suggests economy in fuel. Fish, steak, etc., can be broiled in the furnace; beans can be baked there and other foodstuffs.

### Old-Fashioned Gingerbread

To the Editor of Woman's Page:  
Dear Madam—If it is not asking too much of you, I would very much like to have a recipe for gingerbread, just the kind I like.  
The ingredients are the half a cupful of New Orleans molasses, half a cupful of brown sugar, a tablespoonful of melted butter, a teaspoonful of cinnamon, a teaspoonful of ground ginger, a cupful of sour milk, three cupfuls of sifted flour and a teaspoonful of baking soda.  
Beat the sugar and molasses together and then stir in the butter, ginger and cinnamon. Put the bowl with these ingredients mixed in it on the side of a hot stove until a little more than lukewarm. Then take from the stove and beat until the butter is a light brown. Stir in the milk and the flour. Beat some more, this time very hard, and then add the baking soda dissolved in hot water. Beat for two minutes more and bake in shallow muffin tins or in baking pan.

### Simple Test for Eggs

To the Editor of Woman's Page:  
Dear Madam—Can you please tell me of a way to test whether eggs are fresh or not? If there is a simple test, I would like to know that one.  
Dissolve two ounces of kitchen salt in a pint of water. If an egg that is freshly laid is put in this solution it will descend to the bottom. One that was laid on the previous day will descend not quite to the bottom of the solution. A three days' old egg will swim in the liquid. An egg that is older than three days will float on the surface. The older an egg is the more it will project up from the surface of the solution.

### Home-Made Halloween Costumes

To the Editor of Woman's Page:  
Dear Madam—Would you kindly suggest several new but seaworthy costumes for Halloween? I have in mind, namely, a black-and-white striped material, with either a light or green hat to match, silk stockings and slippers as well. I am undecided how I will wear the style of the goods.  
The material you suggest for a costume would be just the thing for an old-fashioned knitting girl. Make the skirt very full, stiffen it with skirt wire. Make the waist light and short-waisted and drape with soft lace to form a fichu. A light blue or pink hat will wear best, with a floppy bow in it. Carry a knitting bag and KNIT.

If you care to use just the black and white and not the colors make a very full high-waisted skirt edged with a broad band of white satin, a little waist bound off at the neck and sleeves with bands of white and a white girdle. Wear a white "witch's hat" made of cardboard covered with white satin and topped off with a black pom-pom. Wear white shoes and stockings. Hang black and white pom-poms here and there on your costume. This is very distinctive, provided your stripes of black and white are wide.

Here are some more suggestions that can be followed out by a home dressmaker:  
A ROSE—Skirt of layers of pink or red tulle rounded off at the bottom like rose petals and curled by drawing the edges over a blunt knife as you would curl a feather; waist of pale or deep green satin to represent calyx of rose, half of layers of pink tulle and little green topknot to represent a little rose set upside down on the head.

BALLOON GIRL—An all-white, very full dress of tulle ruffled made with quite a short and "stuck out" skirt. The sleeves are very short. Balloons of bright colors are tied to your wrists and hang down from the dress to represent balloons and there on the dress to represent balloons. The hair is worn up with a little

## PATSY KILDARE THE OUTLAW

By JUDD MORTIMER LEWIS

### Through to China

THIS morning I got to thinking about the lady with the new baby on the corner, and after a while I understood why she was mad at me and ran me off. She was mad because I said I would not let Rowdy kiss her baby. So I looked at Rowdy and said: "Want to kiss the lady's baby?" Rowdy wagged his tail, so we went over on the corner and when the lady opened the door and said, "What do you want now?" I said, "I have come to let your dog kiss your baby. I don't think it will hurt him. Besides, he doesn't care much what he kisses." You should have seen the way she slammed the door in my face. There is no pleasing some people.

Then we went to school and Rowdy lay down by my desk, the way he always does. The teacher said, "Patsy Kildare is exempt." I looked at my feet and they were all right and my hands were folded on my desk and I could not see anything wrong. So I stood up and said, "I think you are wrong, teacher. I have never been exempt, and if any one has told you I am, please tell me who did." I turned and looked Peanut Peeney right in the eye and he scuffed with his feet and said: "It was not me." Then the teacher said: "Patsy, I mean that you have had your studies so well that you are excused from all tests and you need not come to school next week." Then all the kids laughed.

That was certainly a good joke on me. Just before school let out the teacher said, "If you should dig a hole through the earth you would come out in China where the Chinese live." After she said that I was in a hurry to get home and see if it was true. When I got home I took the fire shovel and started to dig under the kitchen window. When I got tired I went to bed and I went to school the next day. Bell and Lanny and the hole was not half up my body, and I did not think I was half way to China, but when I went to look into the hole after I came back and it was getting kind of dark there was something sitting in the hole, so I was certainly surprised, and Rowdy barked and cut up something scandalous. I said to Rowdy, "Miss Dangler certainly knows what she is talking about. She's a lot smarter than she looks."

We sat and looked at the Chinese a long time till it got dark. I poked at him with a stick, but he did not say a word. Then Rowdy and I went and sat on the front porch and I told him all about China and the Chinese, and said how glad I was that I had got one and got it so close to me and charge all the kids five cents apiece to see him. So we went and I asked Old Maid Tompkins what Chinese eat, and she said dried fish and rice. After that we went to the store and got some rice and dried fish, and took them home and threw them into the hole. I guess he does not know how to talk to a little girl who is Irish.

I covered the hole with a washbowl and Rowdy and I went in and knelt down and prayed. I want mother, which art in Heaven, I have to admit that my prayer is smarter than she looks. She told me how to catch a Chinese, and I caught one, but I think that you and God had something to do with putting him there for me. I thank you anyway, and please thank God for me. I wish you would help me think what to name him. Amen.

### Tomorrow's War Menu

A Beefless Day  
BREAKFAST  
Sliced Bananas and Dry Cereal  
New England Johnny Cake Maple Syrup Coffee  
LUNCHEON  
Creamed Flummie Huddle on Toast  
Baked Peas  
DINNER  
Roast Duck  
Sweet Potatoes Apple Sauce  
Crackers and Cheese  
NEW ENGLAND JOHNNY CAKE  
Mix together one pint of wheat flour, one pint of cornmeal, two teaspoonfuls of baking powder, a half cupful of sugar and a half teaspoonful of salt. Work in a tablespoonful of lard, add three well-beaten eggs and a pint and a quarter of milk. Pour into shallow buttered pans and bake forty-five minutes—American Indian Corn.

### Bring Out Your Reading

Before you succumbed to knitting did you indulge in beadwork? If you did, come back to it for just a few hours some day, because there's a dainty new dangle in the air waiting to be copied and hung about your neck. It's really just a plaque made on a base of very thick buckram. It's round, it's square or any way you want to make it. Shape doesn't count much. Its color and size, the bigger the better, and the brighter the beads used the smarter the dangle. Cross-stitch patterns are very good.

### Here Comes the Tapestry Shopping Bag

Because it's quite smart to carry bundles in these days of unabashed economy, something altogether fascinating has made its appearance as a bundle carrier. It's a tapestry shopping bag. The tapestry is brocade and is particularly alluring in that it has dull silver or gold threads running through it. The handles are of rope, covered with old gold braid, and the whole fetching new thing is built on a base of your old straw hat that went a-masquerading as a knitting bag this last summer. The bag is lined with buckram and is guaranteed to withstand the inside wear of the bulkiest bundles.



Serge Dresses

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### To Identify Poem

To the Editor of Woman's Page:  
Dear Madam—Can you kindly tell me what these lines are taken from and who is the author of them?  
"About a lily newly blown—  
And God's with it and me wept.  
And this is the way the baby sleep—  
I think there are very beautiful and would like to know the poem."  
A LOVER OF POETRY.

The lines are the last four in a poem of James W. Riley. They are taken from "The Way Baby Sleep." You can find the complete little poem in any public library.

### Dress Clothes at Cafes

To the Editor of Woman's Page:  
Dear Madam—Is it necessary for a man to wear dress clothes at a cafe where there is dancing at this season of the year?  
I think it is. I have seen many men in dress clothes at the cafes. Probably in November they will be worn, but it is difficult to say when this year, as war-time may make a difference in these customs of many years standing.

## IN THE MOMENT'S MODES

One-Piece Frocks of Navy Blue Serge



Although in some of the fall models fashioned from the woollens of lighter weight one finds the pleated skirt a prominent feature, still there are many one-piece frocks of serge gabardine and similar fabrics showing a somewhat different expression of this form of construction. In these frocks one finds skirts with pleated panel insets. Such a dress is the one pictured in today's illustration. Navy blue serge is the material that has gone into the making of this charming little one-piece costume. Black silk stitching and hand embroidery supply the embellishments. The quaint little square neck opening is filled in with a white georgette chemise, the closing edges bound in black satin and topped with a georgette collar, also satin bound.

### Evening Song

It is that pale, delaying hour,  
When nature closes like a flower,  
And on the spirit's wings what they are,  
The silence of earth and skies,  
The world has thoughts she will not own  
When shade and dream with night have flown;  
Bright overhead, a star  
Makes golden guesses what they are.  
—John Vance Cheney.



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## GOOD HEALTH QUESTION BOX

By JOHN HARVEY KELLOGG, M. D., LL. D.

In answer to health questions, Doctor Kellogg in this box will give advice on preventive medicine, but in no case will he take the risk of making diagnosis or prescribing for ailments requiring surgical treatment or drugs. Health questions will be promptly answered by personal letters to legatures who enclose stamped envelopes for reply.

### Germ Poisons

AFTER all, it is not the germs that do harm, but the poisons which they produce. It is well known that the most deadly poisons may be put upon an intact skin without any bad effect, but if the skin is simply abraded, just a mere scratch, a poison put upon the raw surface will be quickly absorbed and deadly effects produced. The same thing is true of the lining skin within the body. The mucous membrane has this same power to protect the body against poisons and germs. Germs ordinarily can not get through the outside skin, nor do they usually penetrate the mucous membrane, provided the person is in a state of health. When a mucous membrane is diseased, however, when it is raw, when it is congested, when it is swollen or when it is in a state of irritation—as, for example, when a person has taken a medicinal cathartic which weakens and irritates the mucous membrane—or when a person is subject to colitis, gastritis, enteritis or any such chronic infection, then the poisons pass through readily. The filtering power of the mucous membrane of the intestine has become lost. This explains why a person feels weak when suffering from diarrhea. It is the poisons that cause the feeling of weakness, not, as many suppose, a loss of food; it is simply the absorption of poisons that are present in the intestinal contents.

Very often the chronic invalid, when told he should have three bowel movements a day, says: "Oh, but wouldn't that be weakening?" It would be weakening if it were induced by a poison, if one were to take a drug or a medicine to induce it, or if the frequent bowel movement were the result of infection from cholera, dysentery or anything of that sort. But frequent bowel movement induced by purely mechanical or physiologic means is a great blessing. One of the most important things that can happen to the chronic invalid is to get the bowels into a state of activity. One does not become a chronic invalid as the result of intestinal toxemia until after his power to resist these poisons is broken down until the intestinal filter is so damaged that the poisons flood through. This is the condition of a person who has colitis.

### Kissing of Infants

Are there any real objections to kissing infants?  
There are many serious objections. Tuberculosis, diphtheria, syphilis and many other grave diseases may be communicated



### What Others Say

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## Arthritis

Can arthritis be cured?  
The progress of the trouble can be checked, but if any joints are pulled into shape you cannot expect to get them into shape again.

**Lead Poisoning**  
How can one know that he has been poisoned with water passing through a lead pipe?  
Have that water examined and if it contains lead you may be sure that you have been poisoned if you have been drinking water any length of time.

**Cooked and Uncooked Cereals**  
What is the relative value of cooked and uncooked cereals?  
Cooked cereals are more perfectly digested than uncooked cereals which contain considerable raw starch, and on such a diet a large part of the starch would escape undigested. The protein would all be digested. Cereals do not require much cooking. Five minutes is enough for oatmeal or cornmeal. We need a little of the cereal uncooked. It is better that the starch should not digest too rapidly as we need some of it in the colon to feed the friendly germs. A colon cannot be kept healthy unless some undigested starch reaches it.

**The Use of Tonsils**  
What is the use of the tonsils?  
The tonsils are lymphatic glands placed in the throat as sentinels to prevent enemies entering the body beyond the mouth. The mouth gets many germs of all kinds and the tonsils catch and hold all the unclean and unfriendly germs which reach them from the mouth and nose. The office of this gland is to fight the germs. When you have a sore throat and your tonsils are swollen, it is because the glands are making every possible effort to fight germs. But when the tonsils become so thoroughly diseased that they have lost their germ-fighting ability, it is best to have them removed. There are other glands which will come to the rescue and endeavor to make up for the lack of the tonsils. It is best, however, not to remove the tonsils unless they are diseased.

**To a Hurt Child**  
What are you hurt, sweet? So am I.  
Cut to the heart?  
Though I may neither mean nor try  
To ease the smart.

Where was it, Love? Just here! So was I.  
Upon your cheek?  
Oh, happy pain that needs no pride.  
And may dare speak.

Lay here your pretty head. One touch  
Will heal its worst.  
While I, whose wounds bleed o'ermost,  
Go all unharmed.

There, Sweet. Run back now to your bed.  
Forget your woes.  
I, too, was hurt this dawn,  
But no one knows.  
—Grace Denis Litchfield

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